

**Educational Classes** Spring 2012

*Emory Alzheimer's Disease Research Center* Wesley Woods Outpatient Clinic, 1821 Clifton Rd., Atlanta, GA 30329 Grady Neurology Clinic, 80 Jesse Hill Jr. Drive SE, Atlanta, GA 30303 404-728-6950 http://med.emory.edu/ADRC/

## **SAVVY CAREGIVER**

Family caregivers occupy a very important place in the care of a loved one with Alzheimer's or other dementia. Being a caregiver is a new & different role from being a spouse or adult child. Caregivers often report they were unprepared to take on their caregiving role. The Savvy Caregiver program teaches special skills & knowledge you need to be a caregiver.

Topics to be covered will include:

- •The Effect of dementia on thinking & feelings
- •Estimating a person's abilities
- •Managing daily care & complicated behaviors

When: 6 consecutive Fridays from 11:00 – 1:00 April 6, 13, 20, 27 & May 4 & 11, 2012

Where: Wesley Woods Health Center 3nd floor conference room 1841 Clifton Road Atlanta, Georgia 30329

To Register: Contact Susan Peterson-Hazan, LCSW 404-728-6273

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